www.drumsandivory.zoomshare.com

Hand Development Exercises

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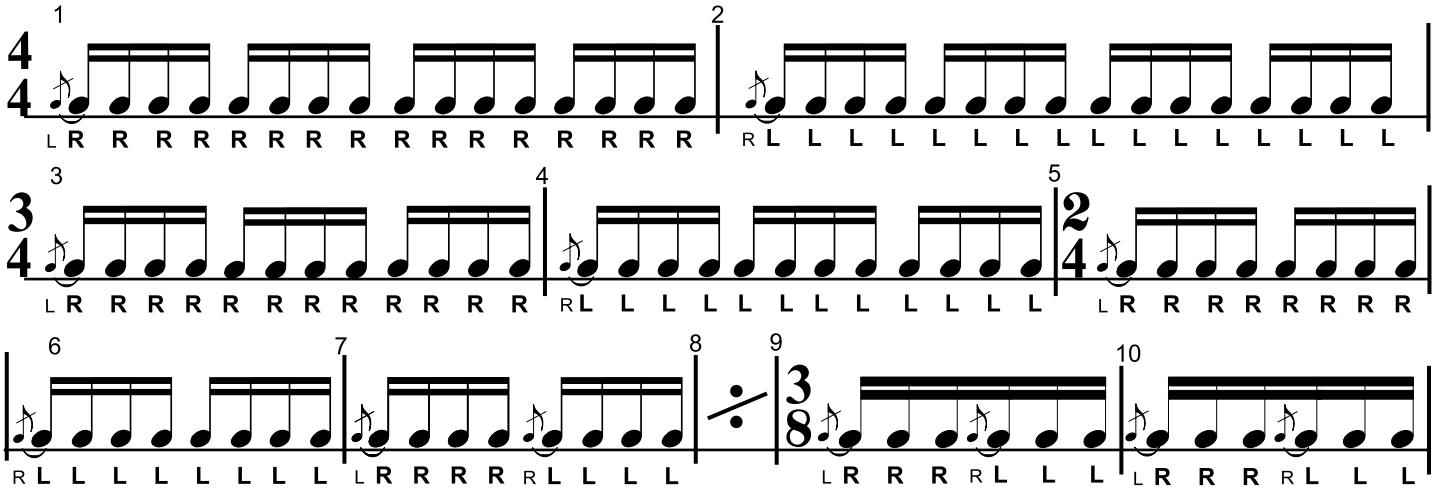
Great For The Practice Pad !

Ex 1

Same As Bars 7 - 11 In Excercise 2.

Ex 2



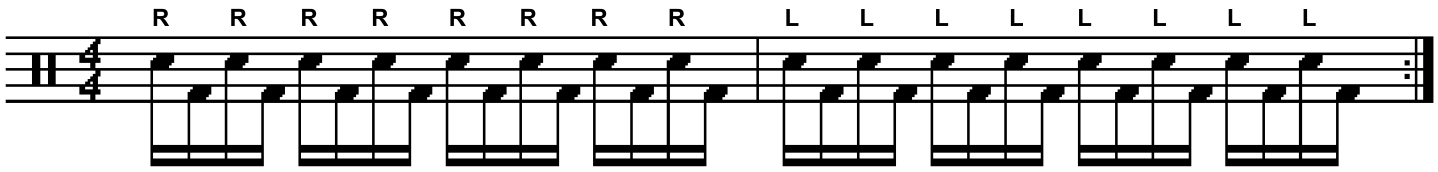
These Hand Development Exercises Will Help Build Your Timing, Accuracy, And Endurance. (**START OFF SLOWLY !!**)
Play The 16th Notes Evenly Between Each Bar. Don't Let The Flams Or Time Signature Changes Throw Them Off.
Practice To A Metronome Set At A Slow Enough Speed So You Can Go From One Bar To The Next Without Error.
Build Up The Tempos As You Get Better - Week By Week. You Can Try With The Bass Drum Playing On Every Flam.
You Can Also Try With The Bass Drum On The First Flam, The The Hi Hat On The Next Flam, And So On - Alternating.

Ex 3 Play The Next Three Exercises As Fast (And Evenly !) As You Can Within Your Limitations.

Reverse Sticking For 2nd Repeat.

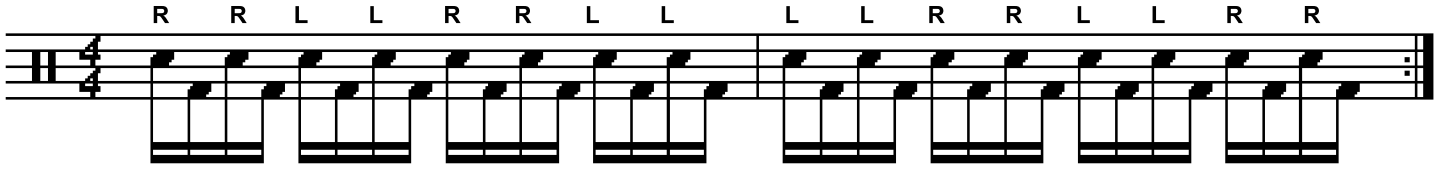
L L L L L L L
L R L R L R L R L R L R L

Ex 4



Also Try Examples 4 and 5 With "Alternating Feet" Between The Snare Beats - IE. (Bass Drum - Hi Hat - Bass Drum - Hi Hat)

Ex 5



BD HAT BD HAT .....etc.