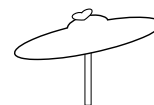




8TH NOTES AS USED IN BASIC ROCK BEATS.



Count Out Loud !

① One (Right) Two (Left) Three (Right) Four (Left) ② 1 And 2 And 3 And 4 And

③ 1 And 2 And 3 And 4 And ④ 1 And 2 And 3 And 4 And

⑤ ⑥ ⑦ ⑧

- 1 - First Practice Each (Single) Bar As Written At Least 16 Times In A Row Until You Are Nice And Steady. (Start Slowly So You Can Play It Evenly)
- 2 - Then Try Playing 2 Bars In A Row. Try Getting So You Can Repeat Those Two Bars 8 or 16 Times Each No Stopping - Just As You See It Written.
- Many Songs Have Drum Parts With A Pattern That Repeats Over And Over. (See If You Notice That The Next Time You Listen To The Radio !)
- 3 - Eventually Try Each 8 Bar Exercise As Written With Repeats. This Will Get You Used To Hearing 8 Bar Phrases. It's Like Playing A Mini Song.
- 4 - Memorize Exercises 3 - 4 - 5 - 6 (Below) Play Them Every Time You Warm Up On The Drums. They Are Used All Of The Time In Drumming.

Don't Forget To Count Out Loud !

① ② ③ ④ 1 E an Da 2 E an Da 3 E an Da 4 E an Da

⑤ ⑥ 1 E an Da 2 E an Da 3 E an Da 4 E an Da

(This Is The Sticking For The Double Stroke Roll - (RRLL RRLL) R R L L R R L L R R L L R R L L

(This Is The Sticking For The Paradiddle - (RLRR LRL) R L R R L R L L R L R R L R L L